

**TOWN COUNCIL WORKSHOP  
WEDNESDAY, JANUARY 6, 2016  
6:00 P.M. - CHAMBER B**

- Item 1.** Call to Order.
- Item 2.** Those Present.
- Item 3.** Discussion on Completed Streets.
- Item 4.** Adjournment.











## What are some of the benefits of Complete Streets?

Complete streets can offer many benefits in all communities, regardless of size or location. The National Complete Streets Coalition has developed a number of fact sheets: [www.completestreets.org/factsheets](http://www.completestreets.org/factsheets)

**Complete Streets improve safety.** A Federal Highways Administration safety review found that streets designed with sidewalks, raised medians, better bus stop placement, traffic-calming measures, & treatments for disabled travelers improve pedestrian safety. Some features, such as medians, improve safety for all users: they enable pedestrians to cross busy roads in two stages, reduce left-turning motorist crashes to zero, & improve bicycle safety.

**Complete streets encourage walking & bicycling for health.** The Centers for Disease Control & Prevention recently named adoption of Complete Streets policies as a recommended strategy to prevent obesity. One study found that 43% of people with safe places to walk within 10 minutes of home met recommended activity levels; among individuals without safe place to walk, just 27% were active enough. Easy access to transit can also contribute to healthy physical activity: nearly one third of transit users meet the Surgeon General's recommendations for minimum daily exercise through their daily travels.



Don Burden, Walkable and Livable Communities Institute



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**Complete Streets can lower transportation costs for families.** Americans spent an average of 18 cents of every dollar on transportation, with the poorest fifth of families spending more than double that figure. In fact, most families spend far more on transportation than on food. When residents have the opportunity to walk, bike, or take transit, they have more control over their expenses by replacing car trips with these inexpensive options. Taking public transportation, for example, saves individuals \$9,581 each year.

**Complete Streets foster strong communities.** Complete streets play an important role in livable communities, where all people – regardless of age, ability or mode of transportation – feel safe & welcome on the streets. A safe walking & bicycling environment is an essential part of improving public transportation & creating friendly, walkable communities. A recent study found that people who live in walkable communities are more likely to be socially engaged & trusting than residents of less walkable neighborhoods. Additionally, they reported being in better health & happier more often.

## How can I get a Complete Streets policy adopted in my community?

Advocating for Complete Streets means working with your neighbors & local policymakers, including elected officials & government staff. Ways to start the conversation include talking about:

- schools that have no sidewalks out front,
- bus stops that are not accessible for people in wheelchairs,
- missing crosswalks by the grocery store,
- no safe routes to bicycle to work, &
- other particularly problematic & unsafe streets.

Work together to identify ways to make these places safer & more attractive & present your ideas to others. Make your case & show examples of what your streets could like.

The National Complete Streets Coalition's website has many resources to help. Modify & use the introductory presentation in your community, show it at PTA & neighborhood association meetings & to your local chamber of commerce. The website also has information on finding other local advocates, developing a good policy, & effectively implementing that policy. Check them out at [www.completestreets.org](http://www.completestreets.org)



The National Complete Streets Coalition offers **interactive full-day workshops** led by national experts to help communities establish a common vision for their streets; develop a Complete Streets policy that builds on local expertise; & implement Complete Streets policies by identifying ways to change the transportation decision-making process: [www.completestreets.org/workshops](http://www.completestreets.org/workshops)

Need transportation planning & engineering professionals who are ready to help design & construct complete streets? Our Complete Streets Partner firms can offer the expertise & dedication you need: [www.completestreets.org/help](http://www.completestreets.org/help)

### National Complete Streets Coalition Steering Committee:

AARP • Active Living by Design • Alliance for Biking & Walking • America Bikes • America Walks • American Council of the Blind • American Planning Association • American Public Transportation Association • American Society of Landscape Architects • Association of Pedestrian and Bicycle Professionals • City of Boulder • Institute of Transportation Engineers • League of American Bicyclists • National Association of Area Agencies on Aging • National Association of City Transportation Officials • National Association of REALTORS • National Center for Bicycling and Walking • Ryan Snyder Associates • Safe Route to School National Partnership • Smart Growth America • SvR Design Company • Transportation for America